



2016-2017 Saskatchewan Legislative Intern



Rachelle Bistrizan was born and raised on a farm near Zehner, Saskatchewan. In 2013, she graduated from Greenall High School in Balgonie, Saskatchewan with Gold Honours. From primary school on, Rachelle was very active in athletics. At the age of four, Rachelle began taking dance lessons in Pilot Butte. This sparked a life-long passion for dance, which led to Rachelle becoming a competitive dancer for over thirteen years. During that time, Rachelle competed in dance competitions throughout western Canada and the United States. She performed in many styles of dance including jazz, ballet, lyrical, tap and hip hop. In addition to dance, Rachelle was also heavily involved in her high school's cheerleading program, performing on both the dance and stunt team.

From a young age, Rachelle was also very active in both her school and community. It began at her church, where she altar served for over five years as well as assisted with the children's program. Rachelle also volunteered for many years with the Regina Ski Club. She helped out at their annual ski swaps and at their SaskTel Challenge Cup, a ski race for disabled skiers and boarders. During both primary and secondary school, Rachelle sat on many committees, was a member of the student leadership council and volunteered in many school events, including food collections, penny drives, and sports tournaments. Rachelle has continued her community work into her post-secondary education. During her second year of studies she volunteered with the SEARCH program in North Central Regina. She prepared hot meals as well as interacted with members of the community, engaging in discussions with them about HIV/AIDs, the cycle of poverty and the determinants of health. Beginning in 2015, Rachelle also began volunteering for the children's program at SOFIA House, a second-stage crisis shelter for women in Regina.

Rachelle is currently in her third year of studies at the University of Regina. She is working towards a Bachelor of Arts with Honours in Political Science. In conjunction with her degree, she is also working on completing the Local Government Authority Advanced Certificate. Rachelle has been on the Dean's List and received the Academic Silver Scholarship in each year of her studies so far. Prior to university, Rachelle never envisioned herself pursuing the study of politics. However, as she began to take classes in Political Science, she soon discovered an interest and passion for the field. Of particular interest to her are topics within political science related to Canada, ranging from domestic issues to foreign policy.

Upon completion of this internship and her degree, Rachelle hopes to travel and expand her knowledge of global affairs, people, and culture. She is also planning on furthering her education in a master's program focused on Canadian politics or public policy. Finally, she sees herself embarking on a career in government, working in the sphere of policy development or analysis. In her spare time, Rachelle enjoys spending time and doing activities with her friends and family, such as travelling, skiing, camping, or cooking.



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Alicia Miller was born in Regina and has lived there her entire life. In 2005 she left her elementary school as the top academic in her class and headed to Campbell Collegiate to pursue the International Baccalaureate Program. Throughout high school she worked full time while maintaining some of the top grades in her school and graduated in 2009 with Honours and an International Baccalaureate Certificate.

Alicia was accepted into the Business Program at the University of Regina straight out of high school and awarded several entrance scholarships both by the university and through her place of work. In 2012 she transferred to the Faculty of Arts to pursue a degree in International Studies with a focus on International Affairs and in 2016 convocated with Great Distinction with some of the top grades of her faculty. During her studies, Alicia also worked three jobs, volunteered with several organizations, and took care of her grandfather. She centred her degree on taking classes that tackled social justice issues as well as many classes in political science. She has earned a total of 10 scholarships throughout the seven years it took her to complete her degree. She plans on pursuing a Master's Degree in Global Governance and Conflict in the next few years at either Simon Fraser University or the University of Waterloo.

Alicia has spent a great deal of her time volunteering within her community. She has painted houses for low-income families, tutored classmates in various subjects, has been a volunteer Advocate with the Regina Sexual Assault Centre for many years, and was a volunteer before becoming a manager at the Ten Thousand Villages in Regina, a non-profit organization dedicated to fair trade, female empowerment, and economic sustainability. Her time at Ten Thousand Villages helped shape her morals and goals for her future, resulting in her changing her degree in 2012. She hopes that in her future she will be able to use her knowledge and her passion for social justice to enact positive change within her community.

Alicia is an avid environmentalist. This past summer she has spent a lot of her time with Fruit for Thought, a local non-profit, promoting local food systems through coordinating harvests of fruit trees in the backyards of Regina citizens and donating that fruit to local organizations that feed vulnerable community members. She is currently working on a composting partnership with local community gardens to make use of the food waste from these harvests. She has also worked with the City of Regina in order to promote the Blue Bin Recycling Program in order to educate those in her community about the importance of recycling as well as reducing waste as a whole. She bikes wherever she can, enjoys eating as locally as possible, and has always preferred employment with small, locally-owned businesses and organizations.

In her free time, Alicia likes to be active. She enjoys kayaking, camping, hiking, yoga, and has been a year-round cyclist for three years on top of fifteen years of regular biking. Alicia also loves to travel, spend time with her grandfather, keep up-to-date with current events, and hopes to one day become fluently bilingual in French which she has studied consistently throughout her education.



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David Sparling was born and raised in Saskatoon, Saskatchewan. He attended St. George School for his elementary education, and graduated from Bishop James Mahoney High School in 2013. From grades nine to twelve, David was a member of Bishop Mahoney's honour roll. During his final year of secondary education, he received the University of Saskatchewan Greystone Scholarship and finished with the second-highest average among his graduating class. David also received several other awards and scholarships in grade twelve, including the subject awards for Law and Chemistry. He was also an active member of Bishop James Mahoney's concert and jazz bands throughout high school, playing the alto saxophone. He also swam frequently, and played for the Saskatoon Pirates water polo team. David also pursued his interests of creative writing and acting during his secondary education. In 2013, he wrote, directed, and acted in a one-act play for Bishop James Mahoney's annual showcase of the arts.

David spent the next few years as an undergraduate student at the University of Saskatchewan's College of Arts and Sciences. Strongly attuned to the social sciences, David completed a Bachelor of Arts degree in Political Studies with a minor in History. He convocated from the University of Saskatchewan in May of 2016 (with Great Distinction) after three years of study. David was also in the top ten percent of students in his college, and was invited to join the Golden Key International Honour Society in 2015.

Outside of school, David has been fortunate enough to hold several fulfilling full-time and part-time jobs. From September 2014 to April of 2015, he worked as a casual employee at the University of Saskatchewan's Education and Music Library. During the summer of 2016, David was employed as a museum docent and research assistant at the Diefenbaker Canada Centre, a museum and prime ministerial archive located on the University of Saskatchewan campus. At the Diefenbaker Canada Centre, David was responsible for leading historical walking tours of the university campus, as well as conducting research on Canadian history and politics for future exhibits.

During his spare time, David is a voracious reader who also enjoys creative writing, video games, and spending time with his friends and family. In addition, David enjoys learning new languages and can speak some French and Spanish. His other hobbies and interests include walking, swimming, and paddle-boarding. His future goals include obtaining a Law degree and becoming a published author.



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Anna Tsui was born and raised in Saskatoon, Saskatchewan. Throughout her youth, Anna pursued an avid interest in music as well as a curiosity towards expressions of culture. She discovered her passion for social justice when confronted with the issue of human trafficking in her later years of high school.

After high school, Anna attended the University of Saskatchewan where she developed her interest in public policy and Indigenous issues. Wanting to learn more about Canada's history and what that meant to her in today's context, she pursued a bachelor's degree in Aboriginal Public Administration. In the spring of 2016, Anna convocated with High Honours and the award for Most Outstanding Graduate in Aboriginal Public Administration.

Besides her interest in Indigenous issues, Anna has engaged herself in other areas of social justice. For the past two years Anna had been an active volunteer for the NGO World University Service of Canada (WUSC) at the University of Saskatchewan. She has served as a Student Refugee Program Coordinator and as Co-chair of the WUSC U of S Local Committee. This gave her hands-on experience advocating for refugee rights, raising awareness, and personally welcoming student refugees to the university each year. This past December, she also participated in the Dressembler challenge with a group of girls from the University of Saskatchewan, where she wore a dress every day in the month of December to raise money and awareness on human trafficking.

One of Anna's other passions is travelling and immersing herself in new opportunities. In 2014, she spent the summer at Université Laval in Québec where she participated in the Explore French Immersion Program. Most recently, Anna travelled to Tanzania this past summer with a group of Canadian and Tanzanian students, selected by Uniterra, to work on a collaborative research project in the northern regions of Tanzania. During her time there, Anna researched how agriculture and small scale farming can lead to sustainable livelihoods, and the importance of engaging Tanzanian youth within the agricultural sector in order to help achieve food security. A report of their findings is in preparation by the student participants, with the aim of being disseminated into the Tanzanian agricultural community.

In the near future, Anna hopes to pursue a master's program in the area of public policy and work in development, both locally and in the global context. In her spare time, Anna enjoys spending time with friends, volunteering, camping, and canoeing.